

Pediatric Physical & Occupational Therapy Services, LLC
The offices of Rosemary White, OTR/L & Associates

Main Office

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Clinic Info

www.pedptot.com
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TIN: 42-1613982
NPI: 1356415756

Referral and Insurance Information for Occupational Therapy Services

Referrals:

We request that all clients contact their child's primary physician to request a referral or prescription for occupational therapy, regardless of whether your insurance plan requires a referral or not. The referral should include your child's basic information, primary diagnosis (can be specific or general based on concerns), plus frequency and duration of the treatment. Our default is to request one hour of occupational therapy, once per week, for one year, unless the physician recommends otherwise. The doctor's office can fax the referral to us directly at 206-367-9609. Having the referral in place gives us a diagnosis code to bill under (our occupational therapists do not make formal medical diagnoses) and supports proof of medical necessity for the treatment if requested by the insurance company. Claims are required to have a diagnosis code on them to be accepted and processed by insurance. Services rendered without a diagnosis code on file will be marked for private pay.

If your child has had a formal diagnostic evaluation from a neuropsychologist or other provider, the diagnostic report can fulfill the referral requirement if you share a copy with us, please discuss this with office staff during the scheduling process if applicable.

Insurance:

All families are asked to reach out to their insurance to verify benefits and eligibility for occupational therapy services. This includes any plan limitations or pre-authorization requirements. Benefits can be limited by dollar amount or number of visits per year, though the policies will vary based on the specific insurance company and plan. We do not employ full-time insurance staff to verify your child's insurance benefits, though we do submit claims to insurance on your behalf.

When you contact insurance, we recommend you provide them with the following information to get the most accurate coverage information:

1. Our clinic name is Pediatric PT & OT Services (some insurances show us under PT & OT of Washington LLC) under Tax ID number 42-1613982, and our group NPI number is 1356415756.
2. We use procedure code (also known as CPT code) 97530 for ongoing OT services.
3. The diagnosis code, as written on the referral from your child's physician.

Whenever you contact your insurance, we suggest you obtain and keep a record of the date of your call, the representative's first name and last initial and a call reference number. Calls to insurance companies are usually recorded and can be referenced if you have the necessary documentation to allow them to locate your calls.

Please note, we are not in-network with Medicaid or any of the state-funded insurance plans (including but not limited to Apple Health, Molina, and Coordinated Care), as a result we are not able to bill any claims to a state-funded insurance. We are also not in-network with United Healthcare or the Kaiser Permanente Core or HMO plans. We offer the option for private pay if we are not in-network with your insurance. Contact the office for more information.

We currently are in-network with: Aetna, Cigna, First Choice, Lifewise, Premera, Regence, and Tricare. Because we are in-network with the local Blue Cross Blue shield plans, we are considered in-network with out of state BCBS plans (common examples include Anthem and Blue Cross Blue Shield of Illinois).