

Pediatric Physical & Occupational Therapy Services, LLC

The offices of Rosemary White, OTR/L & Associates

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The Offices of Rosemary White, OTR/L (Pediatric Physical and Occupational Therapy Services) is a private practice devoted to providing services for children. The practice is owned and directed by Rosemary White, OTR who reviews client information and works closely with each the therapist in the practice. The main office and treatment facilities are located north of Seattle in Shoreline, WA.

Rosemary did her undergraduate training in Australia and has subsequently done graduate training in Neurodevelopmental Treatment in London with Dr. and Mrs. Karel Bobath, Sensory Integrative Treatment with Dr. A. Jean Ayres in Los Angeles and DIR (Floortime) with Dr. Stanley Greenspan and Serena Wieder, Ph.D. in Washington, DC. She initially worked in a number of hospital settings with both adults and children and has been in private practice since 1977. In addition to evaluating and treating children with neurological disorders Rosemary lectures throughout the United States, Canada and Australia teaching therapists Neurodevelopmental, Sensory Integrative and Floortime treatment techniques. Rosemary is Senior Faculty on the Interdisciplinary Council on Developmental and Learning Disabilities (ICDL) chaired by Stanley Greenspan, MD and Serena Wieder, PhD. and is also Clinical Faculty at the University of Washington in the School of Nursing Infant Mental Health Certificate Program.

The practice provides services for children with a variety of disabilities including autism spectrum disorder; Aspergers; pervasive developmental disorder (PDD); dyspraxia; learning, behavioral and neurological disorders.

When a child is referred to the practice he/she will be scheduled for four, one-hour evaluative treatment sessions. All evaluative treatment sessions are videotaped for record and review. During all evaluations the parents are present and are often included in the evaluation process. In at least one of the evaluative treatment sessions a play assessment is conducted in which the parent and the child play together for fifteen minutes (Functional Emotional Assessment Scale, FEAS). The FEAS is a standardized play assessment during which we are looking to find the types of play when you and your child find enjoyment and engagement. If other standardized testing is appropriate it may include tests of balance and coordination, gross and fine motor skills, visual perception, sensory perception and/or motor planning. All evaluative treatment sessions include clinical evaluation during which the therapist observes the child's postural and behavioral responses while playing on therapy equipment. Our goal for the assessment is to work with you and for many families this includes direct coaching of the parents to facilitate engagement and interaction through both play and daily activities.

If treatment is recommended it is usually for one or two sessions per week. The duration of treatment will vary depending on the extent of the child's difficulties however; most children receive therapy for eighteen months to two years.

The goal of this practice is to provide treatment that can be incorporated into family life. For the child with a disability our goal is to facilitate success with motor, social and play skills.