

Pediatric Physical and Occupational Therapy Services

Rosemary White, OTR/L

Main Office

20310 19th Ave NE
Shoreline, WA 98155
Phone (206) 367-5853
Fax (206) 367-9609
E-mail: info@pedptot.com

Directions to Main Office in Shoreline

From I-5:

Take exit # 177, Edmonds/Lake Forest Park

Go east towards Lake Forest Park on Ballinger Way

Proceed East past the Ballinger Terrace Shopping Center (Thriftway) less than one mile.

Turn left onto 19th Ave NE at the first traffic light past the shopping center. There is a Chevron gas station on the corner. **Proceed North less than 1 block.**

The clinic is on the right hand side in a large green and tan building (20310 19th Ave. NE).

From I-405:

Take exit #23, Seattle/ Bothell.

Proceed into Bothell, going **straight through the main 5-way intersection**, towards Seattle. **Proceed through the next 5 traffic signals** (approx. 5 miles) to the traffic light at **Lake Forest Park**.

Turn right onto Ballinger Way. Follow Ballinger Way about 2 miles.

Turn right onto 19th Ave. NE. There is a Chevron gas station on the corner. **Proceed North less than 1 block.**

The clinic is on the right hand side in a large green and tan building (20310 19th Ave. NE).

From Bothell Way:

Turn west at the Lake Forest Park intersection onto Ballinger Way.

Follow Ballinger Way about 2 miles.

Turn right onto 19th Ave. NE. There is a Chevron gas station on the corner. **Proceed North less than 1 block.**

The clinic is on the right hand side in a large green and tan building (20310 19th Ave. NE).